

# Broken Top *Bulletin*



## Message from the President

Hello Broken Top Members!

Welcome to our new 2022-2023 year. I hope that everyone had a wonderful and safe holiday this season.

As you can see, we have a few new members of our Executive Committee, George Lundberg, and Kevin Kilroy. We are excited to have them join the committee and look forward to this opportunity to work with them this year. Both George and Kevin have a long and dedicated career in the safety field and will bring great things to our committee.

We have been busy this first quarter! October was a great month with Julie Love, Oregon OSHA Deputy Administrator, joining us in person for our annual kickoff meeting in October. Also in October, David McClung and I were able to join (virtually) the fall ASSP Regional Operation Committee to get some great information that we will be sharing this month during our quarterly meeting. In September, we hosted an ASSP booth at the COSHA conference in September and found some new members! This month we have our quarterly meeting on January 10<sup>th</sup>, and Craig Hamelund with Oregon OSHA has graciously agreed to present on the OSHA 300 Log again!

As part of our chapter business, we have set some goals that we need your help in reaching:

- Gaining new members
- Sponsoring technical and educational professional development events
- Community educational outreach.

If you are interested in participating, please do not hesitate to reach out to us!

Lastly, we desperately need volunteers to help with several committees, such as our awards nominations, bylaws, membership, and media presence. If you are interested, let us know.

Again, thank you for all that you do and for continuing to participate with us in our great ASSP Broken Top Chapter.

# In Memory of Judy West

We honor Judy's legacy of dedication to workplace safety and health and volunteerism with the 2022 Juniper Award

Judy West was unanimously selected by the Central Oregon Occupational Safety & Health Association (COSHA) with the Juniper Award for 2022. The award is given to an outstanding safety team or individual who has made a significant contribution to the industry or community. Although Judy was not a Broken Top Chapter member. She had been involved with the American Society of Safety Professional's (ASSP) for 15 years at the Columbia Willamette Chapter. When the Broken Top Section was just getting started, she came down from Portland to support us.

Cory Stengel, President of COSHA said, "From the humble beginnings of the Central Oregon Occupational Safety & Health Conference, Judy was a part of it." He first met Judy when the conference was at the Central Oregon Community College many years ago. During those times, the conference committee would hold a feedback session at the end of the conference to help them plan for the next year. During this session, Judy and her colleague and friend, Phil Drew from Clean Water Services, who is also a Juniper Award recipient, would sit towards the front with notes and suggestions on how to make the conference better. Since they were both from western Oregon attending a Central Oregon conference, Cory appreciated the feedback, but did not expect any more from them. But since they were genuinely concerned about the conference and its content and its future growth, Cory half-heartedly asked if they would like to join the conference planning committee. Without hesitation they both whole-heartedly accepted the invitation, and the rest is history.



Sadly, Judy passed away in August of 2021. It has left a huge hole in not only the COSHA planning committee for their conference, but also the safety and health world as we know it in the Pacific Northwest. Aside from her active involvement in various safety associations and serving on the planning committee for both the COSHA and GOSH conferences, she worked for Clean Water Services for more than two decades before retiring in 2021.

Cory suggests you could call Judy the mother of Occupational Safety and Health. She put her heart and soul into this COSHA conference as well as the Oregon Governor's Safety & Health Conference in Portland. Cory shared, "She would always tell me the two conferences were equal in her eyes. Deep down, GOSH was her favorite, and I had grown to accept that, because when it was time to focus on the COSHA conference, that is what she did."

The COSHA Board of Directors and planning committee were honored to present the 2022 Juniper Award posthumously to Judy West. Judy's daughter, Tera, was present at the September conference, and received the award on behalf of her mom.

Join our Women in Safety Excellence member community to connect with like-minded safety professionals and support the inclusion and advancement of women within the safety industry. [Link to Women in Safety Excellence](#)



## Who We Are

ASSP's Women in Safety Excellence (WISE) Common Interest Group advances ASSP members and the safety profession through education, mentorship, networking, collaboration, research, and innovation.

## What We Do


Our diverse and engaged member community promotes the equity and advancement of women in the safety profession. We strive to continuously influence industry to address current and future safety challenges affecting women in the workforce locally, nationally, and globally.

- We offer education opportunities that members can immediately put into practice, as well as leadership opportunities to help our members develop to their fullest professional potential
- With approximately 2,000 members, WISE provides a vast and supportive community for networking, collaboration, and change-making
- Local, national, and virtual networking and collaboration opportunities abound. WISE brings members together to advocate on occupational safety and health (OSH) issues specific to women in the workplace
- We recognize our members' professional achievements, career advancement and work in particular industries through our Member of the Month recognition program.

### Career Center

Local ASSP Broken Top Chapter.....	<a href="https://brokentop.assp.org">https://brokentop.assp.org</a>
ASSP Jobs / Resume Review / Career Advice.....	<a href="https://jobs.assp.org">https://jobs.assp.org</a>
EHS Job Board.....	<a href="https://ehscareers.com">https://ehscareers.com</a>

## Support the ASSP Foundation

ASSP  FOUNDATION  
Education – Leadership – Research

# “Tis the Season”

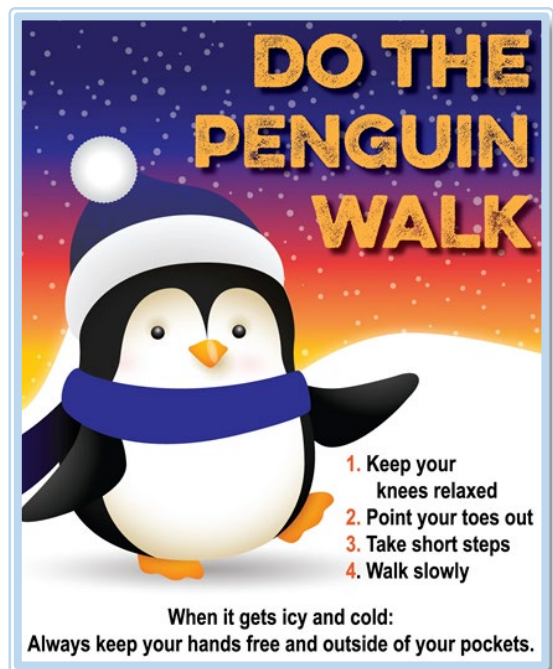
By George Lundberg

Winter slips and falls are one of the most common causes of workplace injuries. They can happen at any workplace, to any employee, and they can lead to serious injuries, concussions, broken bones, herniated discs, and more avoidable injuries.



## Mitigate injuries by spot checking during the workday. (Especially in the mornings)

- ❖ Ladders secured on icy gutters, edges, frozen ground surfaces and icy ladder rungs.
- ❖ Shaded areas of roofs that stay frozen longer into the day.
- ❖ Snow covered skylights that may not be readily visible.
- ❖ Everyone equipped with proper traction footwear.
- ❖ Roof fall protection initial hook up. Don't chance a frozen roof that you can make it to the ridge.
- ❖ Clean ice and snow from access areas and work platforms.
- ❖ Make sure that stairs, ladders, and scaffold planks are clear.
- ❖ Use sand, or other de-icing material to prevent slips and falls.
- ❖ Watch your footing. Decks and platforms may be clear in sunny areas but icy in the shade. The same goes for plywood decks. Simply turning icy planks over may not be enough because ice often forms on the underside.
- ❖ Remove icicles, especially when the temperature starts to warm up. If icicles can't be removed, rope off the area below them and put-up warning signs.
- ❖ Clear frost and snow from all windows, lights, and mirrors on vehicles and heavy equipment.
- ❖ When possible, keep your arms free to cushion a fall.
- ❖ Wear gloves, as well as head coverings that accommodate a hard hat. If you get hot while working, open your jacket but keep your hat and gloves on.





## ASSP Member-Get-A-Member Program

	REFER 2	REFER 4	REFER 6
FREE On-Demand Webinar	x	x	x
FREE 1-Year Membership Extension		x	x
FREE \$50 Amazon Gift Card			x

Do you have friends, colleagues and associates who would find value in ASSP membership? Tell them about ASSP by using our Refer-A-Friend e-mail tool. Simply address and send the ready-made e-mail message [through this link](#).

Grand Prize Drawing: For every new paid member you sponsor from January to December, you will receive an entry in our grand prize drawing for a trip to ASSP's annual professional development conference. This reward includes:

- Full conference registration
- 3 nights hotel accommodations at an ASSP conference hotel
- \$250 AMEX card to use for expenses

Grand prize not to exceed \$2,000 US. Group memberships excl

## Send News to the Editor's Desk

Got a recent promotion? Maybe you got a new job. Did you just earn a certification? Do you want to advertise a safety position in our newsletter? We want to hear about it. Contact our newsletter editor George Lundberg [newsletter@brokentop.assp.org](mailto:newsletter@brokentop.assp.org).

All job postings are free for companies in our geographical area that are in a safety related field. This is a service to our membership and the companies in our communities.

If you have any news that you feel is worthy of sharing contact George with the subject line "ASSP Broken Top Newsletter" followed by a brief highlight of your topic. In the e-mail, please provide a good overview of what you would like to talk about. Even better write the whole article and we'll make sure to give you credit.

## Upcoming Conferences

Oregon OSHA co-sponsors statewide educational conferences. These conferences provide opportunities for workers and employers to share ideas about occupational safety and health with local experts and nationally recognized professionals.

### Mid-Oregon Construction Safety Summit

January 30 & 31, 2023 • Bend

### GOSH Conference

March 6-9, 2023, • Portland

### Northwest Safety & Health Summit by Region X VPPPA

May 16-18, 2023, • Kennewick, Washington

### Blue Mountain Occupational Safety & Health Conference

June 5 & 6, 2023 • Pendleton

### Cascade Occupational Safety & Health Conference

March 2024 • Eugene



## LOOKING FOR VOLUNTEERS

for the Mid-Oregon Construction Safety Summit,  
January 31, 2022  
to help staff the ASSP Broken Top Chapter booth.

Contact Kevin Kilroy at [kevkil@saif.com](mailto:kevkil@saif.com)

## COSHA Conference

On September 19-20, our chapter hosted a booth at the first COSHA conference since 2019! We were so excited to attend and represent our chapter at such an amazing event. Attendance was over the top and many of our members and executive committee were speakers and presenters at the conference. There were some great exhibits by the vendors and lots of great ideas to improve safety both in the field and in a corporate setting. Thanks to Amber Hofer, Luke Betts, George Lundberg, Jillian Cornejo, and David McClung for helping to man the booth!



### Broken Top 2022 Officers

Liz Foott CSP, CIT, MST  
David McClung  
Caroline Burri  
Kevin Kilroy  
George Lundberg

President  
President-Elect  
Vice-President  
Secretary  
Treasurer

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